

THE BETTING FOOL

By a Man Who Should Know Better

WEEK 1 • NFL 2026

SEPTEMBER 9, 2026

BANKROLL \$1,000.00 • BETS 3-4 (42.9%) • THE FIVE UPDATES SEPTEMBER 8, 2026 AT 4:34 PM EDT

Nobody Knows Anything In Week 1, Except The Market, Which Does

The Five — pick-five pool card

1	Buccaneers +3.5 @ Bengals	BEST BET	LOSS
	LINE TB +3.5 (-105) KICKOFF SUN 12:00 PM CT FOOL'S No. TB -0.9 PROJECTED Bengals 21, Buccaneers 22 (44 total) COVER 52.5% NEEDS 51.2% Final: Buccaneers 27, Bengals 33		
2	Jets +1.5 @ Titans	BEST BET	WIN
	LINE NYJ +1.5 (-105) KICKOFF SUN 12:00 PM CT FOOL'S No. NYJ -0.2 PROJECTED Titans 17, Jets 17 (34 total) COVER 52.2% NEEDS 51.2% Final: Jets 23, Titans 10		
3	Cardinals +10.5 @ Chargers	BEST BET	WIN
	LINE ARI +10.5 (-110) KICKOFF SUN 3:25 PM CT FOOL'S No. ARI +1.2 PROJECTED Chargers 22, Cardinals 21 (43 total) COVER 52.9% NEEDS 52.4% Final: Cardinals 26, Chargers 14		
4	Dolphins +3.5 @ Raiders	BEST BET	LOSS
	LINE MIA +3.5 (-110) KICKOFF SUN 3:25 PM CT FOOL'S No. MIA -5.5 PROJECTED Raiders 14, Dolphins 20 (34 total) COVER 52.9% NEEDS 52.4% Final: Dolphins 13, Raiders 27		
5	Rams -3.5 vs. 49ers	BEST BET	LOSS
	LINE LA -3.5 (-108) KICKOFF THU 7:35 PM CT FOOL'S No. LA -4.1 PROJECTED Rams 27, 49ers 23 (51 total) COVER 52.1% NEEDS 51.9% Final: 49ers 27, Rams 7		

The Board — totals

•	Under 42.5 Broncos @ Chiefs	WEATHER	WIN
	LINE TOTAL 42.5 (-110) KICKOFF MON 7:15 PM CT FOOL'S No. 45.3 PROJECTED Chiefs 22, Broncos 23 (45 total) COVER 54.5% NEEDS 52.4% Final: Broncos 10, Chiefs 31 (41 combined)		
•	Under 50.5 Buccaneers @ Bengals	BEST BET	LOSS
	LINE TOTAL 50.5 (+100) KICKOFF SUN 12:00 PM CT FOOL'S No. 43.8 PROJECTED Bengals 21, Buccaneers 22 (44 total) COVER 51.2% NEEDS 50.0% Final: Buccaneers 27, Bengals 33 (60 combined)		
•	Over 44.5 Patriots @ Seahawks	LEAN	LOSS
	LINE TOTAL 44.5 (-105) KICKOFF WED 7:20 PM CT FOOL'S No. 50.3 PROJECTED Seahawks 26, Patriots 25 (50 total) COVER 50.8% NEEDS 51.2% Final: Patriots 10, Seahawks 13 (23 combined)		
•	Under 40.5 Dolphins @ Raiders	LEAN	WIN
	LINE TOTAL 40.5 (-110) KICKOFF SUN 3:25 PM CT FOOL'S No. 34.4 PROJECTED Raiders 14, Dolphins 20 (34 total) COVER 50.9% NEEDS 52.4% Final: Dolphins 13, Raiders 27 (40 combined)		
•	Under 46.5 Cardinals @ Chargers	LEAN	WIN
	LINE TOTAL 46.5 (-105) KICKOFF SUN 3:25 PM CT FOOL'S No. 43.0 PROJECTED Chargers 22, Cardinals 21 (43 total) COVER 49.7% NEEDS 51.2% Final: Cardinals 26, Chargers 14 (40 combined)		

10 POSITIONS • 5-5 ATS • -\$5.03 • BANKROLL \$994.97

TIERS • WEATHER: outdoor, 10mph+ wind or forecast rain, on the under — 57.9% across 696 games and the only rule here with evidence behind it.

BEST BET: clears its posted price. LEAN: does not — printed for pool players, staked token, a pick and not a bet.

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